

## Recommendation form for Junior Intermediate exam

<b>NAME AND SURNAME OF THE CANDIDATE*:</b>	
<b>Exam date:</b>	
<b>Exam level (I, II or III):</b>	
<b>Name, surname and rank of the recommending person:</b>	
<b>Recommendation (I or II)</b>	
<b>Candidate's apprenticeship:</b>	
<b>Previous level exam date:</b>	
<b>Assessment criteria:</b>	
<b>Practice:</b> 1- lack of position understanding 2 - incorrectnesses in poses - lack of axes / planes / stability 3 - poses correct but lacking vitality / maturity 4- pose contains vitality 5- pose contains maturity (student understands how to correct / adjust the props by himself/herself)	<b>Teaching:</b> 1 - unacceptable / dangerous 2 - unacceptable / in need of improvement 3 - acceptable 4 - proper / clear /effective 5 - above the requirements for the given level
<b>Practice assessment:</b>	<b>Teaching assessment:</b>
<b>Practice remarks:</b>	<b>Teaching remarks:</b>
<b>Pranayama assessment:</b>	
<b>Pranayama remarks:</b>	
<i>I, the undersigned, recommended by the Iyengar Yoga Association , declare that the candidate is ready to take the exam.          He/ she carried out the required observations and assists and his / her teaching complies with the exam standards.</i>	
<b>Date and signature:</b>	

\* Please use block letters to fill in the form