

Recommendation form for Junior Intermediate exam

NAME AND SURNAME OF THE CANDIDATE*:	
Exam date:	
Exam level (I, II or III):	
Name, surname and rank of the recommending person:	
Recommendation (I or II)	
Candidate's apprenticeship:	
Previous level exam date:	
Assessment criteria:	
Practice: 1- lack of position understanding 2 - incorrectnesses in poses - lack of axes / planes / stability 3 - poses correct but lacking vitality / maturity 4- pose contains vitality 5- pose contains maturity (student understands how to correct / adjust the props by himself/herself)	Teaching: 1 - unacceptable / dangerous 2 - unacceptable / in need of improvement 3 - acceptable 4 - proper / clear /effective 5 - above the requirements for the given level
Practice assessment:	Teaching assessment:
Practice remarks:	Teaching remarks:
Pranayama assessment:	
Pranayama remarks:	
<i>I, the undersigned, recommended by the Iyengar Yoga Association , declare that the candidate is ready to take the exam. He/ she carried out the required observations and assists and his / her teaching complies with the exam standards.</i>	
Date and signature:	

* Please use block letters to fill in the form